

# How You Can Help at Home

- Help your child to learn to state his/her full name, address, and phone number.
- Help your child to learn to tie his/her shoes.
- Teach your child to be responsible with money (to bring home any change, not to give money away, and not to accept money from others).
- Look in your child's communication (B.E.E.) folder on a daily basis.
- Jewelry, headbands, necklaces, hair clips, watches, lip gloss, etc. are distracting and should be left at home, especially if the child tends to play with them.
- Have your child leave toys and accessories at home.
- Please help your child to understand that snacks are not to be shared; s/he is to eat his/her own snack.
- Encourage your child to be responsible for his/her own belongings (taking good care of them, putting them away when finished, etc.).
- Encourage your child to be responsible for his/her own behavior.
- Help your child to solve problems by teaching him/her to talk out the problem. Also help your child to think of several different ways to solve the problem.
- Set an early and regular bedtime. Rest is extremely important to your child's success in school.
- Set up a special time every day to **read to your child**. (Bedtime often works well.) Talk about the story, the pictures, the characters, the words, the important ideas, etc.

Thank you so much for your help at home! It really does make a difference!

