

**GREENWICH CENTRAL SCHOOL  
HEALTH OFFICES**

**PARAMETERS TO KEEP CHILDREN HOME**



In consultation with our school physician, we would like to share the following Health Office guidelines:

1. If your child has a fever, he/she needs to stay out of school for 24 hours with their temperature below 99.9 degrees.
2. If your child has diarrhea or is vomiting, he/she should stay home until 24 hours after the last episode occurs.
3. If your child has bacterial conjunctivitis (pink eye), he/she may return to school when the eyes are clear or 24 hours after starting an antibiotic.
4. Children should not come to school if they do not feel well before the school day starts. This helps to allow your child to return in better health and prevents the spread of illnesses.
5. Your child should stay at home if he/she has cold symptoms that would deter learning (a constant cough or constant sneezing).
6. If your child has a contagious illness, he/she needs to be cleared by their physician before returning to school and must provide a physician note to that effect.

**Please notify your child's building nurse if they have a contagious illness.**

7. Children who are positive for pediculosis (head lice) need to be treated and nit free before returning to school.
8. Children with a rash of unknown origin should be seen by their primary physician before returning to school.
9. As always, hand washing is the best prevention for illness.  
Teach your child to wash their hands before eating, after playing outside, after using the bathroom, after caring for a pet, and often during illness.
  - ✓ Wash with warm water.
  - ✓ Lather soap well.
  - ✓ Scrub between fingers and up to the wrist.
  - ✓ Use a brisk rubbing motion for at least 15 seconds.
  - ✓ Rinse and dry well.